



Healing Programs for Veterans

Sound Familiar?

- I am having difficulty getting used to civilian life?
- I am impatient and frustrated and find myself isolating.
- I feel like God is MIA or KIA in my life.
- I cannot sleep and when I do sleep I have nightmares.
- I experience intense emotions like guilt, anger, and resentment.
- I often turn to unhealthy activities to mask my pain.
- My friends and family don't understand me.

They don't "Get it."

Mayslake Ministries offers FREE spiritual outreach programs to our military men and women suffering from Post-Traumatic Stress. For many soldiers life, including their spiritual life has been forever changed by the experience of military service, deployment, and mobilization. The Veterans' Weekend is a Christian-based program designed to help military men and women come to spiritual healing and reconciliation with God, their families and one another. The program specifically addresses the issue of Post-Traumatic Spiritual Stress.

This is a two-night weekend retreat offered at no cost to veterans and their spouse or significant other (who are encouraged to attend) in a place of safety, respite and support. Retreat leader, Sr. Linda McClenahan, a veteran herself, served as a communications Sergeant in the III Corps area of Vietnam. She is now a Dominican Sister and Licensed Professional Counselor and Therapist whose ministry involves helping veterans deal with trauma. Sr. Linda is assisted by Augie Sisco, Major, USMC (Ret.), a Vietnam combat veteran. He is the assistant director for our Vet's Ministry.

2020 Retreat Dates

July 31– August 2, 2020

**Joseph & Mary Retreat House
Mundelein, IL**

November 20-22, 2020 (Racine, WI)

**Siena Center
Racine, WI**

*There is a \$25 REFUNDABLE
registration fee to hold spot.*

*Please Contact us for more information
about our Veterans' Ministry.*

Dr. Mary Amore, Exec. Director

1S314 Summit Avenue

Oak Brook Terrace, IL 60181

Ph. 630-852-9000



Veterans' Retreat Registration Form

The Retreat is FREE

We ask for a \$25 registration fee per person which is refunded upon your attendance at the retreat.

Please complete and return this form with a \$25 refundable registration fee to be registered for a specific date.

Please Circle which retreat you would like to attend:

July 31-August 2, 2020 — Mundelein, IL

November 20-22, 2020—Racine, WI

Name of Veteran: _____

Name of Spouse, significant other, or caregiver if attending: _____

Address: _____

City/State/Zip: _____

Phone: _____ Cell Phone: _____

E-mail: _____

Branch of Service: _____ Years of Service: _____

Medications: _____

Emergency Contact: _____

Submit registration form along with refundable \$25 registration fee to register; or call Mayslake Ministries for additional information.

To Register :
• Phone: 630-852-9000
• Mail: Please return this completed form with fee to:

Mayslake Ministries
1S314 Summit Avenue
Oak Brook Terrace, IL 60181

Amount of Payment: _____

Payment Method:

Check Credit Card

Card Number: _____

Expiration Date: _____ Sec. Code: _____

Name on Card; _____